



Porridge with apple and cinnamon

BY ORGANIC HAPPINESS



What you need:

- 25 grams gluten free oatmeal
- 225 millilitres almond milk
- 1 apple
- 5 grams cinnamon
- 25 grams almonds
- 20 grams peanut butter



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How to make it:

Pour the oatmeal in a sauce pan and add the almond milk to it. Let simmer for about 10 minutes on medium heat until it has become a thick porridge. Optionally you can stir a little bit of cinnamon through it and cook with it.

In the meantime you peel the apple and cut into cubes. Put in a small bowl and mix with the cinnamon. Add the oatmeal porridge when it has become thick enough. At last divide the almonds and peanut butter on top of the porridge, as much as you prefer.

Wait a little while to let the peanut butter melt a bit and mix. You can now enjoy this delicious and nutritious porridge with apple and cinnamon.



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